



Tasty Treats & Beatin' the Summer Heat



Pupsicles

Ingredients:

- Either: ½ cup Blueberries, ½ cup Bananas, or ½ cup Strawberries
- ½ cup unsweetened yogurt



Directions:

Blend the fruit and yogurt together. Pour the mixture into block molds and place in the freezer. Once frozen, allow your pup to enjoy a pupsicle in moderation! Your best friend will truly enjoy this tasty and cool treat!

Sources: Source: <https://www.thedogbakery.com/blogs/news/9-yummy-pupsicle-r>

<https://neaterpets.com/blogs/news/6-cool-catsicle-recipes>

Catsicles

Ingredients:

- One low-sodium can of tuna or salmon
- ½ cup of water



Directions:

Mix the tuna or salmon with the water and pour the mixture into an ice cube tray. Put the ice cube tray into the freezer. Once frozen, serve a cube or two into your cat's food bowl and allow them to enjoy! If tuna or salmon isn't their favorite snack you can substitute a sodium-free broth, such as chicken or beef.

Sprinkler & Pool Fun!

Help your dog beat the heat with their own personal pool! Plastic kiddie pools work well and are a good size for most dogs. Foldable pools are great because they travel well, empty and store easily. Be sure the water is changed daily to keep the temperature cool, prohibit bacteria growth and deter mosquitos. Many dogs enjoy a fully immersive experience, so check the water level does not rise above their shoulders when laying down. You can use old towels or bath mats around the pool to make it safer when your pup exits to avoid a slippery fall. Have towels readily available to help dry off after the fun. And lastly, always supervise your pet during pool use!



Sprinklers are another great option for keeping your pup cool this summer. Some dogs enjoy the sprinkler more than a pool as the movement makes it an interactive experience. Next time you are out in the yard for a game of fetch, try turning on a sprinkler during the session.

Source: <https://www.thedodo.com/dodowell/water-intoxication-in-dogs-alarming-reason-watch-dog-kids-pool-summer>



Summer Safety

Pets are more sensitive to loud noises, flashing lights and strong smells. Fireworks heighten all of these sensitivities. Having the TV on or playing the radio, closing windows and turning on lights can lessen the effect of the fireworks outside. Create a safe spot for your pet by placing their favorite toys and bed in the area they feel most comfortable. When outdoors pets can be spooked by loud noises and run off, putting themselves in a dangerous situation. Be sure your pet has a microchip and is wearing a collar with ID tag so they can be reunited with you quickly if this were to happen. We recommend keeping your pets inside when fireworks are expected to avoid this danger.

If your pet gets extremely uncomfortable or panics during fireworks talk to your veterinarian about anxiety relief medication. Medication for both dogs and cats can help to reduce the fear and anxiety caused by these events.

Simple Summer Safety Tips

- Heatstroke is a risk for our best friends! Become familiar with the signs and what to do: <https://www.avma.org/resources-tools/pet-owners/emergencycare/first-aid-tips-pet-owners>
- Keep cool, fresh water readily available for all pets at all times.
- Car temperatures can get extremely hot very quickly. **NEVER** leave your pet alone in a car.
- Limit outdoor time and strenuous activity when the weather is hot.
- Take walks in the early morning and late evening when the temperature is cooler.
- Brushing and grooming indoor and outdoor cats helps keep them cool.

Bubbles!

Blowing bubbles can be a fun, indoor activity for your pet when it is too hot to play outside. Be sure to use a product that is non-toxic. A simple recipe for homemade bubbles is mixing warm water and a small amount of Dawn dish detergent. Dip your wand in, and have fun chasing bubbles with your best friend!



Did You Know...?

Gardening products containing Bone Meal, Blood Meal or Fish Meal can be dangerous to dogs and cats.

You may see bone meal used as an ingredient in pet foods to provide nutrients, such as calcium and phosphorous. Did you know it is also used in gardening products to provide nutrients for soil?

These products often contain insecticides and fertilizers. Even if labeled "Organic" the product may have high levels of iron and mercury that are toxic to animals.

Avoid using these products in areas of your yard where your pet has access. The first sign of toxicity is often GI upset with vomiting and diarrhea. You should contact your veterinarian right away if you suspect your pet has been exposed and is experiencing adverse effects. You can also find more information on the **Pet Poison Helpline** website:

www.petpoisonhelpline.com/poison/bone-meal/

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One chewable monthly tablet that does it all!

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For dogs & puppies 8 weeks of age and older

As the temperature gets warmer keep your best friend up to date on preventatives!

www.petpoisonhelpline.com/poison/bone-meal/