

Sweet Potato Chews!

Ingredients: 1 sweet potato

Simple DIY recipe! Preheat oven to 250F and line two baking sheets with parchment paper. Use a knife to remove the skin and cut the sweet potato into slices, no thinner than ¼ inch to keep them chewy. Arrange them in a single layer and bake for 2 ½ to 3 hours flipping them halfway through. Let them cool then store in an air-tight container in the fridge for about 3 weeks. Sweet potatoes are a good source of vitamins, minerals, and fibers but still give in moderation. Enjoy!

Chicken & Sweet Potato Cat Bites!

Ingredients: 1 cup cooked & shredded chicken breast, no seasoning, 1/2 cup cooked, plain, mashed sweet potato, 1 tbsp oat four or all-purpose flour, 1 tsp olive oil or fish oil. Preheat oven to 350F and line a baking sheet with parchment paper. In a large mixing bowl mix shredded chicken, mashed sweet potato, egg, and olive or fish oil. Mix until well blended. Gradually add oat flour and stir until a thick dough forms. Scoop out a small teaspoonsized portions and roll into small balls or press into small patties. Place them on the baking sheet. Bake in the oven for 10-12 minutes until treats are firm and lightly golden. Allow treats to cool on the baking sheet and store leftovers in an airtight container in the refrigerator. Enjoy!



Oakton-Vienna Veterinary Hospital

Fall Newsletter 2025

VET-TALK







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Decorations: Decorations can cause GI upset if ingested and chewing electric cords used for decorations can cause electric shock. Keep your decorations out of reach, especially if your pet likes to chew on things.

Pet Costumes: Although adorable, pet costumes can sometimes be too tight and uncomfortable.

Halloween Candy: It is not safe for your dog or your cat to consume Halloween candy and it can make them sick.

Outdoor Pets: Fleas, Ticks, and Heartworms are still a threat to our dogs during the fall. Please keep them protected with an all-in-one monthly preventative NexGard+!

Remember Halloween can also be very scary for cats with doorbells ringing, costumes, and loud noises. Please be sure they are microchipped, just in case they escape.